

# *UU Women's Connection Presents*

## *"S.P.A. for the Soul"*

*(spiritual path awakening)*

*-2010 Spring Conference, June 4th-6th*

*Pilgrim Park Retreat Center - Princeton, Illinois*

*Featuring Key Note Speaker, Healer, Toe Reader, Intuitive, Teri! Freesmeyer*

**Express YOURSELF! in the ways women have for centuries- through art, jewelry, card making and more.**

**Card Making!** - This newly revived art makes its come back with gorgeous materials of all colors, textures, and designs.

**Garden Stepping Stone** - Make your own! Use a footprint, marbles, sticks, stones, coins- you name it....it's your creation.

**Foot Beading "Sandals"**- Adorn your feet with beaded creations while still enjoying the feeling of bare feet touching the around.

**Love Your Body! Natural health practices brings forth the kind of glow that only comes from within.**

**Easy Alternative Health Practices-** Come learn about the Neti Pot, Ear Candling, a Menstrual Cup and more...

**How to Make Your Own Bath Salts, Lotions, Oils** - share your tips for these as well as learn new recipes & techniques you can use at home to create unique and natural products.

**The Gathering Instinct... for millennium women have "gathered" or shopped for their families, their villages, and for survival.**

**Silent Auction** - Nothing is more fun than shopping through someone else's treasures! Bring a few of your own to donate & support the UU Women's Connections.

**Book Sale** - Your donation of used books, and then purchase of fresh ones, helps provide scholarships and cover costs as we gather each year for fellowship & renewal.

**Increase your spiritual vibrancy by experiencing old and new methods of soul connection.**

**What can your toes tell you?** - About your life, your potential, your path. Teri! gives a more in depth session on this new art.

**Vibrations & Crystal Bowls** - What's in it for you? Come and find out how understanding vibration can change your life.

**Silent Meditation/ Pilgrimage** - Walk the grounds, climb the highest hill to awaken your souls deepest voices.

**Beauty School, Your Way! Learn from experts about make-up, color, and natural enhancements.**

**Lymphatic Massage Face Lift** - naturally! Get that lift you've considered by learning techniques without chemicals or surgery.

**Color Draping** - What's the most flattering color scheme for you? Watch the dramatic difference as you are draped in different fabrics revealing your best & worst looks.

**Make Up & Skin Experts** - Available to give you personal advice & tips in a relaxing, non-threatening atmosphere.

**Extravagant "Spa Stations" with do-it-yourself manicures, pedicures, facials and even sewing projects!**

**Self Serve Facial Station** - Use natural foods and other products to give yourself a healthy glow.

**Goddess Gowns** - Sew your own simple garment and feel like a goddess.

**Foot soaks** - The name says it all. Spend a few precious moments taking care of your tootsies.

**Manicures** - Paint your own nails in pretty colors or help a friend.

\*\*\*The workshops above are confirmed at the time of print. Other offerings will be included some of which may have minimal fees for materials used at the time. Plan accordingly :) [www.uuwomensconnection.org](http://www.uuwomensconnection.org)

S.P.A. for the Soul  
 UUWOMEN'S CONNECTION  
 Spring Conference June 4 - 6, 2010  
**REGISTRATION FORM**



NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

CONGREGATION \_\_\_\_\_

**CONFERENCE FEES**

1. **Registration Fees - Please check the appropriate registration fee and write the amount in the box:**

	UUWC Member	Non-Member	
Full Conference	<input type="checkbox"/> \$50	<input type="checkbox"/> \$60	\$ _____
Saturday Only (incl registration, use fee, plus lunch & dinner)	<input type="checkbox"/> \$70	<input type="checkbox"/> \$80	
Saturday Only, plus breakfast	<input type="checkbox"/> \$77	<input type="checkbox"/> \$87	

2. **Room & Board - Please check your room selection and write the amount in the box:**

Upper Conference Center - <b>Single</b> (on the main floor, with private bath)	<input type="checkbox"/> \$135	\$ _____
Upper Conference Center - <b>Double</b> Preferred Roommate _____	<input type="checkbox"/> \$120	
Lower Conference Center (dorm type room with shared bathroom)	<input type="checkbox"/> \$95	
Preferred Roommate(s) _____		
Higgins Lodge - <b>Double Occupancy Only</b> (a short walk from the main building)	<input type="checkbox"/> \$100	
Specify Roommate _____		
Tent Camping (bring your own tent and bedding)	<input type="checkbox"/> \$50	

3. **Membership Renewal**

Check the date on the upper right hand corner of the mailing label.  \$10 \$ \_\_\_\_\_

4. **Scholarship Contribution**

Scholarship donations go directly to help sisters in need attend this Conference or the fall Lake Geneva Conference. Won't you lend a sister a hand? \$ \_\_\_\_\_

**TOTAL CONFERENCE FEES**

- Please add the amounts in each of the boxes above: \$ \_\_\_\_\_  
*This is the Total Amount Due.*
- Subtract the amount enclosed with this form: \$ \_\_\_\_\_  
*At least 50% of the total must be included with your registration form.*
- This will be your amount due at the retreat: \$ \_\_\_\_\_

**Please mail completed registration form with payment to:**  
**Diana DeWeese, 716 S Douglas Ave, Springfield, IL 62704**  
 Make checks payable to: **UU Women's Connection**  
**Questions?? - Call Diana - 217-546-5834 or email - kidi71@aol.com**

**OTHER NEEDS/REQUESTS** (We will try to do our best to accommodate.)

- Steps are a problem
- Mobility/stamina problems
- Dietary concerns/restrictions  Please list \_\_\_\_\_
- Vegetarian meals preferred  Indicate type of vegetarian \_\_\_\_\_
- Other  Please list \_\_\_\_\_

**ROOM/BOARD INFORMATION**

- Rates listed are per person for the entire conference period, Friday evening through Sunday morning.
- Meals included are Friday dinner (6-7 p.m.) through Sunday breakfast.
- Check-in time is 4 p.m. Friday. Room checkout time is 10 a.m. Sunday.
- Sheets, pillow, blanket, towel and washcloths are provided (except for Lower Conference Center rooms and tent camping – you will need your own linens).
- *There are a limited number of rooms in the Upper Conference Center, so send in your reservations early!*

**SCHOLARSHIP/GRANT APPLICATION**

The UU Women’s Connection budget funds four grant of up to \$100 each. Additional \$40 grants are available to help with childcare expense. *Note: On-site childcare is not available, though nursing babies are welcome.* **Applications must be postmarked by May 5. These go fast!**  
You’ll get an answer to your request within 10 days.

My need is \_\_\_\_\_  
\_\_\_\_\_

My home church/group will provide \_\_\_\_\_

An additional scholarship is allocated for ministerial students. Please list school name and degree sought.  
\_\_\_\_\_