

## CMD-UUWF BOARD IN ST. LOUIS AREA

On March 12-13 UU churches in St. Louis Area hosted the Spring Board Meeting of the CMD-UUWF.

The TLC provided by members of the UU Church of St. Louis and Eliot Chapel of Kirkwood was memorable. In fact, the Board urged that recipes for some of the delicacies served be shared with our readers.

It was a difficult task to select some recipes and not others...but I couldn't quite commit these columns entirely to food...so it was decided that desserts would be the focus. You may find several "Board Tested" desert recipes in this issue..if there is room.

Friday evening was spent in informal discussion of many current interests. This session provided the information for the official actions of the Saturday sessions.

On Saturday reports were heard from various committees. Feature articles on each of these reports and action taken will be found in this issue.

After a most successful meeting, all the members returned to their home bases with new enthusiasm and a happy weariness which comes from dealing with the ongoing program of the UUWF in our District.

It was a beautiful "Spring Break" - Thanks to all our St. Louis friends!

# CMD-UUWF

Please send your church newsletter to:

Marion Baker 1110 Walnut Western Springs, I1 60558

# Spring 1982 Vol. 4 Issue 4

## ALLERTON PLANS HIGH LIGHT OF ST. LOUIS BOARD MEETING...

On March 13 Dorothy Sinclair, Joanne Fought and Jo Jameson of Peoria presented the plans for this year's Allerton Conference.

The Choice is Ours will be this year's theme and Sandra Caron, UUA Moderator will be the keynote speaker on Tuesday, June 8.

Other exciting events will include a worship service conducted by Sylvia Falconer, Alton UU minister; the water ceremony led by the Peoria church women; recognition/memorial service for those women who have died during this past year; a film about Judy Chicago's Dinner Party; CMD/UUWF past presidents' reception; skits reviewing 25 years of UU women's conferences in the Midwest.

After celebrating the past quarter century of UU women's accomplishments, it is hoped that all will go home primed to spend the 1983 Conference celebrating our 25 years at the Allerton Conference Center.

In addition to these events, there will be stimulating workshops, yoga, nature walks, crafts and a new type of money raising event. (Look for details in another column).

The Board accepted this report with enthusiastic approval.

(More "Bored" Biz?) page 3

Allerton - here we!

# DON'T FORGET YOUR NOMINATIONS FOR THE HESTER HUFF ROLL OF RECOGNITION

The 1980 CMD-UUWF meeting established The Hester Huff Roll to honor an outstanding UU lay woman for her services to the Central Midwest District. Additional information may be had from any one of the judges this year.

The following women were selected by UUWF members at Allerton in 1981.
Send all completed nominations to:

Gloria Grimm
7533 Westmoreland
St. Louis, MO 63105

Clara Lily White RR3, Petersburg, Il 62675

Doris Jones 1710 Windsor Champaign, Il 61074 (Doris was appointed to replace Barbara Elrod who moved to Florida)

Nominations may be made by individuals or UUWF Units. The deadline for having the nominations in is May 1. The award will be made at the 1982 Allerton Conference. Don't miss it!

#### Continental Board Member's report:

Clarise Jefferson announced that Betty
Shearer has assembled a Fund Raisers
packet which is available to our units.
Write to headquarters for it.

#### Clara Barton Camp has new Director.

Lisa Reavill has been approved by the UUWF Board as the new Director of the Clara Barton Camp, our camp for girls with diabetes.

#### Women in Religion

Rona Mears has been appointed as the new chair for the Women in Religion Committee of the UUA.

(Continental Board Member's Report continued on page 3)

Do you ever wonder what to do with those linen pillow cases, edged with fine tatting, a gift of great-Aunt Emma; that pottery vase in shades of mauve, taupe, and puce that matches nothing in your earth tone decor; or that electric coffee bean grinder, when your entire household has switched to tea? Search no longer. Stop feeling guilty. Put them all to good use.

As a low-key, good fun, great buy project, your CMD-UUWF Board has authorized a SILENT AUCTION BOUTIOUE to be held during Allerton Conference.

Seed monies will certainly be needed with the exciting plans for a November weekend at Lake Geneva for the women of northern Illinois and Wisconsin, when they join the Rockford women in their Fall Retreat.

There are several other exciting program possibilities waiting in the wings. The SILENT AUCTION is a painless way to fund such projects and do some gift shopping at the same time. Let's give it a try.

We hope that each person who attends Allerton will contribute at least one item, worth \$5.00 or more, clearly marked with the donor's name and address and any interesting data, i.e. (this antimacasser was crocheted in Ireland by Gertie O'Glutz during the potato famine.) Any item not sold at the Boutique will be taken home by the owner.

For suggestions of what to donate or further information, please contact Elise Cade, 920 Oakwood, Hinsdale, Il 60521 (312) 323-0695.

corner, an exquisite dew falls on our heart and then vanishes. But the freshness lingers, and this, always is what the heart needs. The earth must have risen in just such a light the morning the world was born."

-2-

# Allerton Plans (cont'd from pg. 1)

A letter to all UUWF groups, asking for your participation in different events, will arrive soon. Please discuss it and respond with contact people listed as soon as possible.

Registration forms with workshop descriptions will be sent out in April. Selection of workshops will be your first choice. Another choice will be what you will share in the way of memoribillia which you may have (ie., pictures, programs, etc... from past Allertons).

As they say on TV...there will be all of this, and "much, much more!"

Mark you calendars!
Save your nickles, dimes, and quarters.
Watch for the flyers!
Get your registration in PROMPTLY!
(Last year we were at capacity, plus!
Don't risk having there be "no room at the inn" for you.)

See you at Allerton.

# Continental Board Member Report (cont'd from page 2)

She also urged all units and individuals members to get a copy of the DR2 Report and study it. Each minister has a copy, but you will probably have to indicate an interest in reading it.

Clarise emphasized that it is important to be aware of the proposals for changing the UUA statement of purpose and principles. She urged that <u>all</u> units read and discuss the different proposals, and then send your responses to her.

# Nominating Committee Report

The secretary read the Nominating Committee report. The state for the coming election at Allerton will be:

For Treasurer: Lorraine Vallandigham Hinsdale, Il

For Board Members: Sandy Drenth, Joilet, Il Dolores Butler Avon, Il

# "Bored Biz" (cont'd from page 1)

Clarise Jefferson and Elise Cade reported busy lives visiting C.M.D. Societies They further emphasized their desire to meet with our local UUWF units. They admitted needing advance notice to assure efficient use of their time and talents. Phone numbers and addresses for both of these resources will be found on the last page of this issue.

# RCAR Liaison Report

Velaine Carnall has been service as the CMD-UUWF representative to the Illinois Religious Coalition for Abortion Rights. Her report outlined the RCAR 1981 activities in Illinios.

- We were for the last 8 months responsible for a booth sponsored jointly with the Pro-Choice Alliance at the State Fair.
- We have a new part-time organizer for the State. Pam Johnson will concentrate on increasing number and visibility of RCAR sponsors.
- 3. A Springfield Unit, with the aid of Sylvia Ford our UU minister for the Abraham Lincoln Fellowship, has been organized at our State Capitol.
- 4. A Speakers Bureau has been organized which trains speakers and supplies lay persons to carry the pro-choice message throughout the state.
- 5. We all must make our wishes for "choice" known to our legislators at all levels.

Velaine also presented her resignation as our representative to R.C.A.R. The UUWF president was instructed to contact Velaine before attempting to find a replacement for her.

Velaine Carnall included these additional points of interest with her RCAR report:

## FAMILY PLANNING THREAT

Those who feel strongly about prevention of unwanted pregnancies and the persoanl tragedies that ensue should voice their concerns over the newly proposed regulations for Title X which provides funds for family planning clinics. Access of contraceptives by teenagers would be restricted through:

- --Requirement of parental notification (and response)
- --Free based on family income (presently personal income only is considered)
- --Permission for states to enforce more restrictive practices

Numerous studies have shown that lack of contraception information or devices does not curtail or reduce sexual activity!

Storm Warnings on Anti-Abortions Activity are flying...Action Alert Contact your Senators and ask them to oppose S J Res 110.

Hatch's anti-abortion constitutional amendment (S. J. Res. 110) was voted out of Subcommittee on December 16. It must now be voted on by the full Senate Judiciary Committee. If approved, it would then be sent to the Senate floor for a vote.

For more complete reporting on the abortion issue, you would do well to join NARAL. You may get in touch with its Newsletter at 825 15th St., N.W. Washington DC 20005.

# She lived her convictions -

"On September 2, 1981, Martha Tranquilli...of this Fellowship, (Abraham Lincoln), passed away. Martha..grew up in Springfield, graduated from nursing school, married, gave birth to three sons, and became a pacifist, a civil rights activist, and a tax resistor.

In the 1960's (she)...spent vacations and weekends assisting as nurse...in the poverty stricken Mississippi delta area... (she) worked at the Sara Brown Memorial Hospital, Mount Bayou, Mississippi...During the late 60's Martha began her tax resistance...In May 1973 she was tried...for listing six organizations, including the Woman's International League for Peace and Freedom, The American Friends, and the ACLU, as her dependents...On July 19, 1974, Martha...surrendered herself to the Federal Marshall to begin a nine month prison sentence. In a letter written in 1975 Martha, at 65, wrote:

'These past two years have been a peroid of wondrous experiences... that have led me...(to) the universal God..the God relgions only sensed but but never found...Love and Peace'

Martha Tranquilli"

Let's follow her example



# Program Materials - Don't Miss! Resources!

# Bulletin of Moral Democracy Movement

One of the most informative publications that I've read recently is the bulletin of the Moral Democracy Movement. It has up to date information of the many areas which need our informed opinions.

The Center for Moral Democracy as an organization to serve "the many groups throughout the United States (formed) to defend religious, intellectual, and moral freedom (and to gather) information on activities in your area. Your communications are essential to make this an effective information network and clearing house for Moral Democracy."

How, when and what letters to the editors are helpful in alerting us all.

Communicate with the Center for Moral Democracy, 2 West 64th St., New York, New York 10023 if you have information. Send at least \$5.00 if you wish to receive the Bulletin. Send more if you wish to really support this movement.

Be warned that The Heritage Foundation and a group called Education Research Analysts are actively urging censorship of literature in school libraries.

This little publication has been the best bargain in the information line that I have been fortunate enough to receive. I'll bring my copies to Allerton for you to look at. myb

\* Bulletin for Moral Democracy Movement

# Environmental Defense Fund

For those of you who are involved in program planning for next year, or who are building a literature center for your church, the EDF Letter might just be the item you are looking for.

This bulletin is published on a bimonthly schedule by the Environmental Defense Fund. Information can be had by writing EDF, 444 Park Avenue South, New York, NY 10016.

The last bulletin contained information on disposal of hazardous wastes, the danger to the nation's wetlands, energy alternative, clean air act, and endangered species act. There's a lot of information in the EDF's letter. Here's a way to support the fund and keep updated on the defense of our environment.

# Women and Oral History

If you and your unit are looking for an interesting, intergenerational project that will be fun and educational and provide a valuable resource for the future, why not set out to record the memories of your members in an oral history project?

A Program Planner from UUWF at 25 Beacon Street, Boston, MA 02108 might be just the thing to get you started. This Program Planner was published in the Winter of 1980. Although it is a couple of years old, the materials are as usable today as they were then. Write for "Their Particular Vision: Women and Oral History."

Hang in there friends . ~. Don't leave too much for the next generation to deal with . ~. ~. Once again VOW in indebted to the Peoria Builder for an idea that deserves consideration. Jim Eller, the new minister at our UU Church in Peoria, outlined the following ideas in his column in the February 12, 1982 issue.

## A CODE FOR THE VOLUNTEER

- 1. All volunteers deserve a clear explaination of the job of assignment.
- All volunteers deserve adequate training for assigned tasks, if such training is needed.
- Volunteers should receive a working contract, to be honored by all concerned.
- 4. Volunteers deserve compensation of some kind..which could include publicity, letterhead, etc. Letters of recommendation should be given without request.
- Volunteers deserve progessional advise on tax deductions to which they are entitiled.

# Volunteers "Above & Beyond" . ~ .

Elise Cade has taken on the interesting job of President of the Embroidery guild of Hinsdale.

The March 1, 1982 issue of the Canton Daily Ledger carried the announcement that Rossann Baker of Avon had been one of five Canton-area young women whose name had been chosen to appear in the 1981 edition of Outstanding Young Women of America.

You will all be glad to know that Dolores Bulter is recovering beautifully from her open heart surgery. Immediately after Christmas she was operated on, and it's a great to report that, when I visited her two weeks ago (March 14) she looked and sounded GREAT! and is planning big on joining us at Allerton. Someone said to me "What was the matter with Dolores when she was is Egypt?" Well, now you know, and we all can feel greatly relieved.

Dorothy Sinclair, one of the co-chairs of Allerton '82, was a principle speaker at the third annual YWCA Women Unlimited workshop held on March 27 of this year. This workshop is designed for the employed and the job re-entry woman. Dorothy spoke on political involvement..naturally.

I know that there are dozens of you "out there" who have equally interesting honors coming you way. Please share with VOW. Help this little newsletter to live up to its name. myb

Ann Howard, Marianne Kirk, and Pat Krull from Eliot Chapel provided our delicious luncheon, and Gloria Grimm and Helen Grantsheff saw to it that our evening meal Friday night, was memorable. If there were others in either church who should be saluted at this time, consider yourselves saluted! We're sorry that we didn't get to see you.

The Winter, 1982, issue of VOW had such a hectic time being conceived and delivered that we were not able to include an important piece of news.

First of all, let us all give a big "thank you" to Tobe Easton, who, with the help of numerous friends and her own monumental efforts had managed to take my wildly pasted up notes and make a more or less sane and an attractive newsletter for us all to enjoy. For the last several issues we have known that this publishing and mailing arrangement was going to have to change.

After some persistent searching, a new arrangement has been made. Susan Karcher, of Oak Park, II. UU Church has enthusiastically agreed to take over typing and duplicating of VOW and Pat Gnagey of Ottawa has offered to come in and assist with the address list, the folding and mailing.

Now all I have to do is be sure that I meet my dead lines. Susan and Pat are busy young women, and I really wish to live up to that Code for Volunteers that appears in this issue.

Thanks to everyone. -myb

# Food for Thought . ~.

The following excerpt was taken from some comments written by Dale Robison of Mequon, WI and was included in the Winter issue of the CMD Messenger. (Dale has been called to serve the Milwaukee UU Church as their minister and may be claiming his new address by now.) At any rate, I'd like to share his approach to living creatively.

"I cook. Not often or well, but I cook. Today I am going to fix... roast pork.

I got to thinking about roasting pork... in light of...the dark and devastating ways of the twentieth century..it seemed to me that the best response to that troubling theme was to do exactly what I am going to do, make a pot roast.

The poet Rilke asked himself..how he bore..the wild ways of the world. His answer was, "I praise." But what does that mean? Maybe it means to cook, tinker, garden, sail, make love or have a baby. I don't know what praise means if it doesn't mean doing those kinds of things, and doing them in a century that is a deadly maze.

Tell me what you do to stay steady in storms and stress? Where do you get your ballast? Mine today is 'Bouquet garni made of four parsley sprigs and one bay leaf, tied together.' I cook."

Shalom, Dale Robison

Ed. note: I sweep porches and bake lovely loaves of bread...what do you do?

# Food for Eating. ~.

## Fast Fixin' Fruit Filled Cake

1 box white or yellow cake mix

4 cup oil

12 cup water

2 eggs

I can, any fruit pie filling

Pour oil into 9x12" pan and tilt pan to cover bottom. Add cake mix, eggs and water. Mix well with a fork for about a minute. Scrape pan sides.

Spoon pie filling on top. Swirl with fork to marble.

Bake for 35 - 40 minutes. Sprinkle with powered sugar. Serve with or without whipped topping or ice cream. This is especially good with cherry, apple or blueberry pie filling.

Gloria Grimm

# Pig Supreme

45 marshmallows, melted in  $1\frac{1}{2}$  cups strong hot coffee.

Chill until partially set. Whip I cup heavy cream. Fold into chilled mixture.

Chill two hours or more.

Spoon into small dishes.

Pour Creme de Cocoa over, and
garnish with additional whipped
cream, or whatever your ingenuity
dictates.

(Clarise Jefferson could scarcely get this written out, so vivd were her memories of its delights.)



## Banana Split Cake

3 sticks margarine
2 cups graham cracker crumbs
2 eggs
2 cups 10X sugar
15½ ox. crushed pineapple
4-6 bananas, sliced
9 oz. Cool Whip

Melt 1 stick margarine. Mix with crumbs. Press into bottom of 13x9" pan. Beat eggs, sugar and 2 sticks margarine for 15 minutes. Pour over filling, cover with pineapple, then cool whip.

Sprinkle nuts over top. Cherry pieces can also be used. Refrigerate 12 hours or overnight. Serve with happy anticipation.

Ann Howard

#### A Summer Cooler

2 cups sugar 2 cups water Boil to a syrup

Add a #2 can of crushed pineapple
1 12 oz. can frozen orange juice
2 cans of water
1 package frozen strawberries
5-6 bananas, sliced

Freeze. When ready to serve, remove in time to allow mixture to partially thaw.
Really refreshing!

from Avan

# Important Dates

Allerton - June 8, 9, 10

UUA Bowdoin College - June 22 - 26

Northern Ill-Wisc. UUWF Conference Nov. 6-7

CMD - UUA Annual Meeting
Nov. 13-15

# A KEY PERSON

Xvxn though my typxwritxr is an old modxl, it works quitx wxll xx-cxpt for onx of thx kxys. I havx wishxd at timxs that it workxd pxr-fxctly. It is trux that thxrx arx forty-six kxys that function wxell xnough, but just onx kxy not working makxs thx diffxrxncx. Somxtimxs to mx it sxxms that our church is somxthing likx my typxwritxer--it takxs xvxryonx in the group to makx things happxn.

You may say I am only onx pxrson
--I won't makx or brxak thx group
--but it makxs a diffxrxncx. So
thx nxxt timx you think you arx only
onx pxrson and not nxxdxd, rxmxmbxr
my typxwritxr and say -- I am a
KEY PERSON.

(This little bit of wisdon came through the Jan. 29, 1982 Proria "Builder", which in turn got it from Deane Schellschmidt from a Minneapolis UU church newsletter.

Before that, its origins disappear into the mists of unrecorded history.)

# · ~ · Next VOW Deadline July 14 1982

# EARLY WARNING SYSTEM: CMD NOMINEES SOUGHT

It is not too early to think about nominees for the following CMD positions. They will be open for election (or re-election where noted) next fall:

Officers: President (Sarah Cook is eligible for re-election), secretary (Dan Babcock is eligible for re-election), and treasurer. Directors: Two positions are open.

Nominating committee: Five positions are open; probably one will be filled by a member of the present committee.

Association trustee (CMD's representative on the UUA Board of Trustees): Lori Pederson, having served two terms, is not eligible for re-election. The position is open as of the close of the 1983 general assembly.

If you know of anyone who is a member in good standing of any CMD society who might qualify to fill one of these positions, or if you would like to fill one yourself, please send your written suggestions to any member of the nominating committee.

To nominate by petition (especially urged with regard to the association trustee post) submit a written petition with signatures of at least three members in good standing form each of five CMD societies to Dan Babcock, CMD secretary, no later than Wednesday, Sept. 29, 1982.

--1981-82 CMD Nominating Committee
Marjorie Cherry, 7245 Kingsbury,
St. Louis, M0
David Gross, #3 Flora Ct., Champaign
II 61820
Barbara Park, Rt. 3, Box 32 5C
Poynette, WI 53955
Joan Pederson, 5312 S. Harper, #1
Chicago, II 60615
Virginia Reynolds, 1422 East 8th St.,
Michigan City, IN 46360

# Things I Would Like to Have Seen in VOW (If I had sent them in)

1.

2.

3.

etc...

send in

YOUR Church Newsletters Please?

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