

### Bloomington Hosts Board .~.

The March 1983 Board Meeting for the CMD-UUWF was, as usual, a beautiful balance between fellowship, work and inspiration.

FELLOWSHIP: On Friday night members and friends enjoyed a delicious vegetarian meal. If you had asked me, I would have said we had "lasagna". It certainly is proof that meat is NOT a must for a gourmet meal.

During that evening and the next day three or four local people dropped in to say "hello" and see that we were comfortable. The home hospitality offered gave us further chance to renew old acquaintances and make new ones. This is certainly a wonderful way for your District Board to get a "feeling" of the CMD. It would be even more wonderful if we were able to plan additional interaction between Board and local members. This probably is something that the Board should consider as a valid business item sometime soon. Certainly a valuable opportunity is possibly being under-used. (contid page 2)

Congratulations ~

Dr. Lindsay Bates, minister of our Geneva Ill. Church, has been elected president of the CMD-UUMA. This is a special honor since Lindsay is the first woman president in the history of this organization. All your friends from Allerton are delighted.

## GMD-UUWF

Marion Baker 1110 Walnut St. Western Springs, II 60558

### April, 1983 Vol. 5 Issue 2

#### DISTRICT DENOMINATIONAL DOINGS

April 1, 1983 .. VOW mailing date

April 16-17.... UU Women's Retreat Eureka, Mo., Camp Wyman (CMD-UUWF and Eliot Chapel unit are the sponsors for this Spring Retreat)

April 30, 1983.. Chicago Area UUWF Brunch Host: The UU Church in Oak Park UUWF Unit

Speaker: Clarise Jefferson
June 7-9 Allerton Conference for District
UUWF, plus Annual meeting and regular Board meeting for CMD-UUWF.
Monticello, Il

June 9-12..... UUWF Biennial at University of British Columbia, Vancouver, B.C.

Aug. 1 Deadline for VOW items Sept. 1 Mailing date of VOW Sept. 24 CMD Board Meeting

Three Conferences sponsored by the CMD Leadership Development Conference

Sept. 16-18. Cabrini Center
DesPlaines, IX
(There will be a February sequel to this conference.)

"Enhancement for Small Churches"

Sept. 30-Oct. 1, Stevens Point, Wisc. Oct. 7-8..... Horn Lodge, WISU Macomb, I1

Oct. 15 UUWF Fall Board Meeting (place to be announced)

Nov. 4-6 UUWF Fall Retreat for UU Women George Williams Campus Lake Geneva, Wisc. Program: Beverly UUWF

Nov. 19-21 CMD Annual Meeting Urbana, Il

## Spring Board Business

WORK: Reports were made and action was taken where necessary. The Treasurer reported that dues were coming in, but that they were often without names and addresses of the members for whom these dues were paid. PLEASE SEND NAMES WITH YOUR DUES SO THAT MAILINGS CAN REACH YOUR MEMBERS.

DUES: Some confusion about local, District and Continental dues was cleared up.

It seems that local dues are something that each unit decides for itself; how raised and how spent. The CMD dues are \$2.00 per person...with dues for Seniors pegged at \$1.00. These are spent on your VOW mailings and any appropriate UUWF business expenses. Dues paid by August 1, 1983 cover membership for '82-'83. Dues that are paid after August 1, 1983 will count on the '83-'84 income.

Continental dues at present are at \$4.00 for each member. Those who hold Individual Memberships pay \$10.00. They do this to ensure that all the mailings from head-quarters arrive at their addresses via first class mail.

Following this Biennial Convention it is possible that all Continental dues will be increased to care for the increase in expenses for our office and publications since the last Biennial.

#### EDITORIAL COMMENT

Dues increases are never very popular, but these are much needed. Most of us need only to put our thinking in order to realize that income must be raised just to "hold the line". When we consider the total cost, it doesn't equal the amount one pays for a trip or two the beauty parlor or two or three movies. (I know. I know. You go to the afternoon movies for half price...so do I, and not very often at that) I'll bet you go out to lunch every so often...well?

The point, obviously, is that we pay for things that are important to us, and when we consider how important our UUWF is in our lives, the total of all our dues gives us one of the few bargains left in this crazy world.

#### CONTINENTAL BOARD MEMBER REPORT

Clarise Jefferson, not only headed up the hospitality for our Board Meeting in Bloomington, but brought us an exciting report on activities at Continental level.

She urged any who could, to get to the Biennial Convention. A big thrust of this Biennial will be aimed at bringing the generations together. The theme, "Expand Vision-Together We Move", will re-inforce this aim at every opportunity. There will also be a special event honoring members of the first UUWF Board who may be attending the Biennial.

Clarise announced that the UUWF has a new UN Advocate, Joy Osborn, and a Canadian Advocate, Janice Tait. Both women bring talents and enthusiasm to their positions.

Reports on The Clara Barton Camp and Birthplace Museum are most encouraging. A resident curator for the Birthplace has been secured, and the Conference Center is increasingly used for small conferences when the camp is not is session.

A small felt Santa's Boot was displayed as a visual aid to promote contributions. A check in one of these little boots makes a very appropriate and clever means by raising some of the monies needed to keep this project operating at peak levels.

One of the less happy parts of the report dealt with the fact that Nancy Pritchard, UUWF Executive Director, is having to resign her position for personal reasons. She was so effective in the role that it will be difficult to replace her.

#### EXECUTIVE SECRETARY'S REPORT

Elise Cade brought news of district events that are listed on our calendar page. Elise will not be able to be with us at Allerton this year, but she introduced her unique substitute. "Lady Allerton", an enchanting Peddlar Doll which Elise had made, is being donated to our district organization to be raffled off as a money raiser.

(More about Lady Allerton" on next page)

## May we present? ~:

There are no adequate words to describe "Lady Allerton". Each tiny detail has to be seen to be truly appreciated. The miniature details make this doll an heirloom of the future and work of art for right now.

She will be available for all the special occasions in the District and will visit as many local units as desire to entertain her. Details of her raffle will be drawn up immediately so that a final owner will be established by June, 1984

Elise will be missed at Allerton this year, but she has provided a lovely and unique substitute to be with us. Thank you again and again, Elise.

#### VOW REPORT

Pat Gnagey has been busy updating our VOW mailing list. She wishes to thank all you helpful people "out there" who took the time to return the current member cards. With Pat's commitment and your cooperation we're a good bit closer to an accurate mailing list. Please include the names and addresses of each member for whom you send in dues.

As one more way that we might be of use, please let us know if you have need of some sample copies. Usually we have a few extra copies. These certainly will do more good for the UUWF if they get into some new friend's hands. Let us know how many and we'll send a package of the most recent issue.

Thanks again to Susan Karcher, Pat Gnagey and the Oak Park UU Church for the use of its office equipment. Some 700 copies were mailed out in the Fall and the expenses run at approximately \$100.00 an issue. That is a fairly realistic cost figure. We all know that time, gasoline, and similar items don't get included in the total. As long as we are able to have volunteers working and the use of one of our churches' equipment and mailing permit, that figure should represent our budget for the newsletter.



#### Conference Reports

Tucked away in an article in the Winter 1981-82 issue of VOW was this following glimpse of the future:

"We must all talk-up the advantages of having both conferences. (One at Allerton and one in the Fall at Lake Geneva.) We might even get a third one established in the southern part of the district, in the not too distant future."

Well, that "not too distant future" is already here...barely a year and a half later. Isn't that just great? Thanks to Pat Scanlon and all the eager beavers at Eliot Chapel and to the seed monies provided by the CMD-UUWF treasury. What a 25th anniversary year UU women in this District are having!

#### ALLERTON REPORT

Sandy Drenth brought a very exciting progress report on the plans for the Allerton Conference. Full particulars and registration information are published elsewhere in this issue. The Program Committee, headed by Sandy and Bonnie Olsen, is to be congratulated on its energy and innovativeness.

#### WOMEN'S RETREAT-CAMP WYMAN

The following excerpts are taken from a series of newsletter announcements designed to let people in Southern II+linois and nearby areas know of a new UUWF retreat in their locale:

"This I DO for Myself" sets the theme for a women's retreat dealing with alleviating everyday stress... The UUWF-CMD (and the St. Louis Area UU Women) is sponsoring a retreat at Camp Wyman, near Eureka, Mo, from April 22-24, 1983...the package deal (costs) \$40.00...plan your great escape..have you packed your get-away gear?"

Probably this issue won't be in your hands before the retreat is held. If by some miracle it is, and this appeals to you, give Pat Scanlon a call. It might just be that there has been a cancellation which would be available.

INSPIRATION: Clarise and Dolores Butler shared some favorite readings with the group at the end of our business session. This is a tradition the was initiated at our first merged Continental Board meetings, with each member taking a turn at the sharing. It is good to know that it is still being done after 20 years of such meetings.

With conferences on the increase; with membership growing; with VOW reaching more individual women; and with the treasury in a healthy condition (not too much and not too little) the CMD-UUWF can enthusiastically greet the challenges of another year.

#### Nominating Committee for CMD-UUWF Board

Tobe Easton 609 N. School Normal, I1 61761

Lorraine Weber 810 S. Race Urbana, Il 61801

Carol Nike 401 George St. Alton, II 62002

### Box Social Turn-about

The Alton UU Church used an old idea with a delightful new twist when they had their Party Box Social.

You've all at least heard of the delights of a "Box Social". The new twist lay in the fact that the men were to bring the BEAUTIFUL BOX SUPPERS and the women were to come prepared to buy these banquets in a box at The Auction.

Singles were to plan to be divided up into pairs and the pairs were to decide which one would prepare the box and which one would prepare to bid.

The newsletter didn't mention it, but I am sure there were many more variations on this theme that could be carried out. Sounded like fun, and we can't have too much of that, can we?

## MORE - "After ERA"

(excerpts from an article by Mary Lou Thompson in the Federation Newsletter)

While we wait for the day when there are sufficent votes in Congress and the state legislatures to reactivate the ERA drive, there is much that can be done to hasten the coming of that day.

- (1) <u>Initiate</u> and support legislation of of special concerns to the equality of the sexes.
- (2) Reinvest the word "feminist" with the dignity it deserves.
- (3) Educate the uninformed..especially the young people.
- (4) Work to change the make-up of state legislatures so that they are favorable to the passage of the ERA.
- (5) <u>Join</u> the Religious Network for Equality for Women (RENEW) and be informed of action involving women of many denominations.

## VOR needs YOU!

From the <u>Voice of Reason Alert</u> there is an urgent call to the supporters of religious liberty; of church-state separation; and of intellectual and personal liberty, to help their causes by:

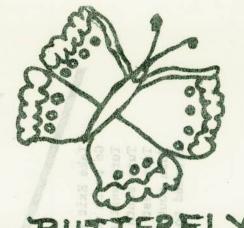
- (1) renewing dues to VOR;
- (2) writing letters to editors in response to news items which appear as a threat to freedom:
- (3) writing your senator, representative or state legislator, when appropriate. Don't depend on the "other person".. do it yourself and get others to join you;
- (4) and sending clippings of news items columns, editorials, etc., on areas of interest to VOR. (Indicate date and source on each clipping.)

In spite of encouraging election results, all interested people must remain alert to the still present serious threats to our democratic institutions.

-4-

FROM CATERPILLAR





TO BUTTERFLY

# Changing Lifestyles For Women June 7, 8, 9 th

Program Planned by

Women's Interaction and Clara Barton Guild of the Joliet U.-U. Church and by the women of the Park Forest U.-U. Church

Keynote Speaker: Dr. Lonnie Meyers, M.D., will speak on "Chronological Changes Vs. 'Becoming' Changes"

Worship: The Reverend Ellen Dohner, Park Forest U.-U. Church

Women are finding new roles, new lifestyles, new values, and are pioneering new movements, such as the women's health movement. Our workshops cover a variety of emerging patterns, symbolized by the new species of butterfly (above) developed especially for this conference.

Flowers from which these new butterflies may take their nourishment include an evening of drama directed by Rosann Baker, a group participation ceremony, Allerton-CMD silver anniversary skits, a memorial ceremony, social mixers, a fund raising idea exchange, a craft workshop, the Judy Chicago "Dinner Party" film (confirmed), a nuclear disarmament discussion, and other surprises.

The registration form, with the \$10.00 registration fee must be returned to the registrar in time to reach her by May 27th. After the deadline, the registration fee is \$15.00. Cancellations must reach the registrar by Friday, May 27th also. The cost of seven meals, two nights lodging, and user fees is payable at Allerton (approx. \$85.00).

YOU MUST PREREGISTER TO ATTEND

#### Reminder Checklist

Camera , Notepad, Journal or sketchpad, Insect Repellant, Shoes for walking Leotards or clothing for dancing and exercise, Binoculars, Musical instruments Money for fundraiser, books, etc., "Dressy" outfit for reception, Props for skits(silvery if possible).

CATERPILLAR 1983 UUWF Allerton SPRINGFIEL Go south to Route 47 (stop sign) Turn west at intersection. Turn south on country croad. Turn west on 47, Go 2 miles. Proceed to guest parking lot. Turn south at next intersection. AMPAIGN - URBANA

Leocards or eloching for dancing and exercise, Binoculars, Musical ins Money for fundraiser, books, etc., "Dressy" outfit for reception,

Props for skits(silvery if possible),

### ALLERTON CONFERENCE - 1983 - June 7,8,9 CMD/UUWF

#### FROM CATERPILLAR TO BUTTERFLY

Changing Lifestyles For Women

	TELEPHONE ( )
ADDRESS	A M ANDREW CONT. I WIT
UNIT, CHURCH, OR FELLOWSHIP	discussion on the keynote address
Room assignments will be made in the or	oom with
Every effort will be made to place GENERAL INFORMATION: This is my first	Allerton conference
I have been at past Allerton confe I smoke I am a non-smoker	Smoking is not an issue
I will bring one item (or more) worth \$	5.00 or more for the Silent Auction
If you have special requirements not li	The It had bited look Tuberness
	contained wholistic needle car person - mind, body, and soul.
Enclosed is \$10.00 for the registra to the \$85.00 (approx.) to be paid at A Please make your check payable to CMD/U PREFERENCE indicated on the reverse side	The Lon for lodging and meals.
estrous mars adop mainting and dist. 522.	
Dorothy Brumbaugh, Treasurer 214 Pleasant St. Joliet, IL 60436	Telephone: (815) 726-8869
Dorothy Brumbaugh, Treasurer 214 Pleasant St. Joliet, IL 60436  Pre-registration is required by mail unt phone Dorothy Brumbaugh - (815) 726-2207	Telephone: (815) 726-8869  til May 27, 1983. After that, tele- 7. Late registration is \$15.00.
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information gathered from numerous interviews on this subject.

Phyllis Feueratein, "The Bor-So-Empty Nest". Author of the book with the

Which one 13

Indicate order of preference, with 1 being first choice. Indicate first five choices. You will be able to attend three workshops.

- Dr. Lonnie Meyers, M.D., "Women's Sexuality". A fresh, lively approach to an emerging, expanding sense of personal sexuality.
- Dr. Lonnie Meyers, M.D., "KeynoteFeedback". Questions, answers, and discussion on the keynote address "Chronological Changes vs. 'Becoming' Changes"
- Rev. Ellen Dohner, "Living Alone Without Being Lonely". Ellen, who is the minister of the Park Forest U.-U. Church, will share her experiences, adaptations, philosophy, and solutions for the challenge of living alone.
- Debbie Wolen, Chicago Women's Health Center, "Women's Self-Help Health Care". Overview of the women's health care movement, home remedy knowledge reasons for self-exams, and specific health concerns of women in the workshop (e.g. menopause, infections, V.D., etc.)
- Debbie Wolen, "How to Do a Self Examination". For women who want to learn how to give themselves a breast examination and pelvic exam using a speculum, flashlight and mirror.
- Rev. William Peterson, "Working Models of Wholistic Care". An overview of successful wholistic health care centers which have been sponsored by churches. Wholistic health care centers emphasize caring for the whole person mind, body, and soul. Bill is a leader in the movement.
  - Sondra Riccardi, "Religion Is a Feminist Issue", Sondra is a social worker and member of the Park Forest U-U Church. Examining the sexism inherent in modern religions and looking at goddess religions of the past.
  - Rachell Anderson, "Changing Family Lifestyles". Discussing ways in which family life is changing, how we can help our children cope with changes we make in our lives, and coping skills for dealing with problems.
  - Elizabeth Coitt, Associate Director for International Programs of U.U. Service Committee. "Changing Roles for Women Worldwide" Narration and slides based on Elizabeth's work for the U.U. Service Committee organizing health programs in India, the Carribean, and Bemini.
- Elizabeth Coitt, "New Values for a Less Materialistic Society". Exploration of our present values, and awareness of future constraints on our lifestyle caused by growing populations and dwindling resources.
- Sharon Freese, "Working Mother's Guilt Syndrome" Member of Beverly U-U Church who has her masters degree and has specialized in women's studies. Sociological overview on working mothers' contribution to society, herself, and her children, focusing on the positive contributions of working mothers.
- Phyllis Feuerstein, "The Not-So Empty Nest". Author of the book with the same title. Freelance writer gives this workshop on grown children returning home, based on the numerous interviews conducted for the book.
- Phyllis Feuerstein, "Chips Off the Same Block". Latest (as yet unpublished) book by Phyllis is about adult sibling relationships, with background information gathered from numerous interviews on this subject.
  - James Healy, "Church Networks and Support Groups". Jum is just finishing his doctorate thesis on using churches for building nerworks and support groups. He will share some of his experiences in starting such groups, their development, and how they can help you and your church.



