

SAVE THE DATE: June 4-6, 2010

UU Women's Connection 2010 Spring Conference

Featuring:

Keynote Speaker: Teri Freesmeyer



Teri Freesmeyer, Metaphysician, Teacher, Spiritual Tutor, Coach, Author, Massage Therapist, Healing Artist, Energy Practitioner and Toe Reader! *Yes, Toe, not Tarot.*

Teri has more than 22 years in the spa and healing arts industry. "SPA," she says, has been her own SPIRITUAL PATH AWAKENING! In 2006, Teri spoke at the Lake Geneva Fall Retreat and brought us her eclectic workshop and open mic show "BE YOUR OWN VIBRATOR." Donning butterfly wings and a tiara, she captivated her audience by holding sacred space with play, which created a profound opportunity for healing.

Get ready to raise your vibration and to discover some fantastic ways to implement the important spiritual practice of self-care and nurturing. Come and enjoy a weekend of pampering and fun, as you learn to maintain the innate gift of your own life force energy.

Want to get pampered with your sisters at Pilgrim Park Retreat Center near Princeton, Illinois at a relaxing, stress-free, spa-like experience? This is the retreat for you! *Needs-based Scholarships, first attendance and childcare grants available.* Find more info as planning evolves at: [.uuwomensconnection.org](http://uuwomensconnection.org)